

**Coach Contact Info:**

Coach Eric (M-F classes): 713-825-6117

Coach Crystal (M/W classes): 706-726-0438

Coach Carly (Remote): 512-797-5933

**March 2025****RSB Conroe Schedule**

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> 9:30am-10:45am (High Intensity) 11:00am-12:15pm (Moderate Intensity)	<b>4</b> 10:00am-11:15am (Moderate Intensity) 11:30am-12:45pm (Low Intensity)	<b>5</b> 10:30am-11:45am (High Intensity) 12:00pm-1:15pm (Moderate Intensity) *6:45PM Evening Class	<b>6</b> 10:00am-11:15am (Moderate Intensity) 11:30am-12:45pm (Low Intensity)	<b>7</b> 9:30am-10:45am (High Intensity) 11:00am-12:15pm (Moderate Intensity)
<b>10</b> 9:30am-10:45am (High Intensity) 11:00am-12:15pm (Moderate Intensity)	<b>11</b> 10:00am-11:15am (Moderate Intensity) 11:30am-12:45pm (Low Intensity)	<b>12</b> 10:30am-11:45am (High Intensity) 12:00pm-1:15pm (Moderate Intensity) *6:45PM Evening Class	<b>13</b> 10:00am-11:15am (Moderate Intensity) 11:30am-12:45pm (Low Intensity)	<b>14</b> 9:30am-10:45am (High Intensity) 11:00am-12:15pm (Moderate Intensity)  <u><b>"Tuition Due by Today"</b></u>
<b>17</b> 9:30am-10:45am (High Intensity) 11:00am-12:15pm (Moderate Intensity)	<b>18</b> 10:00am-11:15am (Moderate Intensity) 11:30am-12:45pm (Low Intensity)	<b>19</b> 10:30am-11:45am (High Intensity) 12:00pm-1:15pm (Moderate Intensity) *6:45PM Evening Class	<b>20</b> 10:00am-11:15am (Moderate Intensity) 11:30am-12:45pm (Low Intensity)	<b>21</b> 9:30am-10:45am (High Intensity) 11:00am-12:15pm (Moderate Intensity)
<b>24</b> 9:30am-10:45am (High Intensity) 11:00am-12:15pm (Moderate Intensity)	<b>25</b> 10:00am-11:15am (Moderate Intensity) 11:30am-12:45pm (Low Intensity)	<b>26</b> <u><b>"Speech &amp; Vision"</b></u> <u><b>Presentation at 10AM</b></u> 12:00pm-1:15pm (Moderate Intensity) *6:45PM Evening Class	<b>27</b> 10:00am-11:15am (Moderate Intensity) 11:30am-12:45pm (Low Intensity)	<b>28</b> 9:30am-10:45am (High Intensity) 11:00am-12:15pm (Moderate Intensity)
<b>31</b> 9:30am-10:45am (High Intensity) 11:00am-12:15pm (Moderate Intensity)	<b>April 1</b> 10:00am-11:15am (Moderate Intensity) 11:30am-12:45pm (Low Intensity)	<b>April 2</b> 10:30am-11:45am (High Intensity) 12:00pm-1:15pm (Moderate Intensity) *6:45PM Evening Class	<b>April 3</b> 10:00am-11:15am (Moderate Intensity) 11:30am-12:45pm (Low Intensity)	<b>April 4</b> 9:30am-10:45am (High Intensity) 11:00am-12:15pm (Moderate Intensity)

**Holidays This Month**

1. Texas Independence Day: March 2<sup>nd</sup>
2. Mardi Gras: Tuesday, March 4<sup>th</sup>
3. St. Patrick's Day: Monday, March 17<sup>th</sup>

**Events this Month**

1. Tuition due by Friday, March 14<sup>th</sup>
2. Speech & Vision Therapy: March 26<sup>th</sup>  
10AM-11:30AM at the Activity Center